
Mental Health Action Group Update

Report being considered by: Health and Wellbeing Board
On: 24 November 2017
Report Author: Tandra Forster/ Andrew Sharp
Item for: Discussion

1. Purpose of the Report

- 1.1 To provide the Health and Wellbeing Board with an update on activity to support mental health and wellbeing throughout life since the last presentation in March 2017.

2. Recommendation

- 2.1 The Health and Wellbeing Board note the report and associated presentations.

Will the recommendation require the matter to be referred to the Executive for final determination?	Yes: <input type="checkbox"/>	No: <input checked="" type="checkbox"/>
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3. Introduction

- 3.1 The Health and Wellbeing Board (the Board) have two priorities for 2017/18:
- (1) Reduce alcohol related harm for all age groups
 - (2) Increase the number of Community Conversations through which local issues are identified and addressed.
- 3.2 The Board receives reports at each of its meetings regarding the progress made against these priorities.
- 3.3 In the Health and Wellbeing Strategy 2017-2020 there are five strategic aims:
- (1) Give every child the best start in life
 - (2) Support mental health and wellbeing throughout life
 - (3) Reduce premature mortality by helping everyone live healthier lives
 - (4) Build a thriving and sustainable environment in which communities can flourish
 - (5) Help older people maintain a healthy, independent life for as long as possible
- 3.4 At its meeting on 30 March 2017, the Board gave an overview of the activity being undertaken on Berkshire, Berkshire-West and West Berkshire footprints to support

mental health and wellbeing throughout life. The meeting was attended by Richard Benyon MP, who has an interest in mental health.

- 3.5 The purpose of the presentation, which will accompany the report at the meeting, is to provide an update on the work undertaken to support mental health and wellbeing throughout life since the last presentation over six months ago.

4. Conclusion

- 4.1 The Health and Wellbeing Board are invited to receive the presentation and consider its role in helping to overcome any identified issues.

Background Papers:

None

Health and Wellbeing Strategic Aims Supported:

The proposals will help achieve the following Health and Wellbeing Strategy aim:

☒ Support mental health and wellbeing throughout life

The proposals contained in this report will help to achieve the above Health and Wellbeing Strategy aim and priority by providing the Board with information regarding the activity to support mental health and wellbeing throughout life.

Officer details:

Name: Tandra Forster
Job Title: Head of Adult Social Care
Tel No: (01635) 519736
E-mail Address: Tandra.Forster@westberks.gov.uk

Officer details:

Name: Andrew Sharp
Job Title: Chief Officer, Healthwatch
Tel No: (01635) 760506
E-mail Address: andrew.sharp@healthwatchwestberks.org.uk
